



Notable
Quotable

“Any woman can fool a man if she wants to and if he’s in love with her.”

~ Agatha Christie, mystery writer, born Sept. 15, 1890

Happy Birthday!

RESIDENTS BIRTHDAYS

NAME	LOCATION	DATE
URBAN, CAROL	WT	9-02
HOLBROOK, BILL	WP	9-02
GREEN, GRACE	MCK	9-02
O’NEILL, DAN	WT	9-02
WETSTEIN, MARY JO	WP	9-04
MANNS, SHARON	PV	9-07
MORTLAND, LINDA	WP	9-10
BAILEY, JEANNE	WP	9-11
BRUEGGEMAN, ROSIE	WT	9-14
WICKENHAUSER, BERNIE	PV	9-14
SINGLETARY, HERMAN	WP	9-15
ABNER, JEAN	WP	9-18
KOONTZ, BARBARA	MCK	9-18
CHIOLERO, ROBERT (BOB)	MCK	9-19
BOYER, MARY	WP	9-20
CLARK, MARY SUE	WP	9-28
LACEY, PAT	WP	9-29

EMPLOYEE BIRTHDAYS

Name	Date	Job Name
Corsa, Maryann	9-01	Environmental Services Associate - NE
Swarrigin, Austin	9-01	Plant Operations Technician - NE
Rawlings, Jordan	9-05	Server - NE
Sweetin, Linzi	9-07	Director of Community Life
West, Mary	9-08	Certified Nurses Aide - NE
Simon, Yavonnie	9-13	Certified Nurses Aide - NE
Bares, Jodie	9-14	Receptionist - NE
Bush, Morgan	9-19	Environmental Services Associate - NE
Mills, Debra	9-29	Environmental Services Associate - NE

Village Voice

September 2026

Celebrating
September

Classical Music
Month

Courtesy Month

Newspaper
Carrier Day
September 4

Labor Day
(U.S.)
September 7

Chocolate
Milkshake Day
September 12

Line Dance
Week
September
14–19

International
Day of
Democracy
September 15

Fall Equinox
September 22

Love Note Day
September 26

WP Front Desk: 618-466-8662
Weston Front Desk: 618-467-0191
After Hours Emergency Number: 618-791-8752

Welcome New Residents



Ron Winkler
123 Parkside



Paula Arnold
208 Wiseman-Pollock



Juanita Cruz
216 McKendree



Sharon Peterson
4701 Otterbein

Anita’s Corner

Dear Asbury Village Family,

September is shaping up to be an **exceptionally wonderful month at Asbury Village!** There is so much happening throughout our community, and I am excited to share a few of the wonderful things ahead. From beautiful improvements to our campus, exciting events, and opportunities for your voice to help shape our future, September is going to be a month filled with connection, celebration, and positive momentum.

Our Wiseman Pollock Front Entry Is Coming Together!

First, I want to extend a heartfelt thank you to our residents for your patience throughout the front entry renovation. We know construction and changes to familiar spaces can sometimes be inconvenient, and we truly appreciate your understanding as this exciting transformation comes together.

While there are still a few finishing touches and areas of work remaining, we are getting very close! We are especially excited about the arrival of our new outdoor furniture, which is expected to arrive next week! What makes this furniture even more special is that it is environmentally friendly, maintenance-free, and made from recycled milk containers! We are so excited for our residents and guests to soon be able to fully enjoy this beautiful space and just in time for the Car Show!

You Requested...and We’ve Listened!

We are also pleased to share another improvement that has come directly from **resident feedback**. **You requested it, and we’ve listened!** Bids have been obtained to restripe the roads and add greater distinction to crosswalks in certain areas along **Asbury Avenue**. These improvements will help enhance visibility and safety throughout our community.

Stay tuned for more information! We will share additional details as soon as the work has been scheduled and the date is finalized.

Congratulations, Weston! Celebrating National Assisted Living Week

A very special **congratulations and celebration to our Weston family** as we prepare to recognize **National Assisted Living Week, September 13–19!** This year’s national theme is **“Shining Through the Years,”** and I cannot think of a more fitting way to describe the incredible residents, team members, families, and friendships that make Weston such a special place to call home. Every resident brings a lifetime of experiences, wisdom, stories, and memories that continue to shine. *At the same time, our dedicated Weston team brings compassion, kindness, and a caring spirit that helps make each day brighter.*

Weston truly shines because of **YOU**—our residents who bring joy and personality to our community, our families who share special moments in life, and our extraordinary team members who serve with such heart.

We have some wonderful fun activities planned throughout the week, and we invite everyone to join in the celebration! There will be opportunities to laugh, connect, celebrate, make memories, and simply enjoy being together.

Your Council Members – Nancy Dorris (President), Marilyn Meyer (Vice President), Charla Canale, Barb Creasy, Janet Francis, Grace Green, Vern Henley, Pat Klasner, JoAnn Phelps, Elaine Wardein, Bonnie Wopp, Alice Wright, Rita Wyatt

If you have questions or concerns, please contact one of the council members above and it will be discussed at our next meeting.

Asbury Village Board Members – Donna Bernis, Andy Bowen, James Herndon, Matt Hoefert, Jack Hoelscher, Zeke Jabusch, Paul J. Jun, John Keller, Jeff Lauritzen, Mike McCormick, Rev, William Pyatt, Mary Reilly, Stephen Shwartz, Rev. Kim Stuby, Karen Wilson

Activity Committee –Linda Rainey, Cheri Bond, Charlie Bond, Bob Gulovsen, Bonnie Fox, and Ray Robinson.

Suggestions for outings or activities are welcome. Feel free to contact one of these members with your ideas to be discussed at the next meeting.

Dining Room Committee – Sharon Hogan (Chairman), Mary Henley, Rose Roggow,

Mary Ann Forcade, Pat Lacey, Nancy Dorris, Cookie Neuhaus

If you have questions, concerns, suggestions or compliments regarding the dining room, please contact one of these members and it can be discussed at the next meeting.

Library Committee – Maggi Behrens, Liz Bumbacher, David Callis, Grace Green, Irene Gulovsen, Jan Luken, Linda Nevlin, Valerie Pelot, Bernie Wickenhauser, Mary Beth Wuellner

Your Village Ambassadors – **Wiseman Pollock:** Nancy Dorris, Jerry & Etta Jane Leonard, JoAnn Phelps

McKendree: Linda Rainy, Martha Darr, Lorene Flowers

Villas: Shirley Bachman, Elaine Wardein, Rose Roggow, Ann Huebner

Homes: Ruth Scanlon & Larry Peiman

Back Up Ambassador: Darlene Gulovsen

Resident Spotlight: Dr. Robert Hamilton



We would like to shine a spotlight during the month of September on our Asbury resident Dr. Robert Hamilton. Dr. Hamilton is also affectionately known as “Dr. Bob”. That nickname originated years ago from a childhood friend of his son however he was never referred to as Dr. Bob in the operating room! Prior to moving to Asbury, Dr. Bob and his wife of 64 years Charlene resided in Godfrey. He was a general and peripheral vascular surgeon practicing for many years. He played the trumpet and did jazz improvisation since he was 17. If you ask Dr. Bob about the best thing living here at Asbury the answer would be “the staff and how they take care of your needs and all the activities that are provided!”



Start Your Engines...The Car Show Is Coming....September 12th!

Great plans are underway for what promises to be a very fun and memorable event! We are looking forward to fabulous cars, great food, new vendors, wonderful raffle baskets, and plenty of opportunities to gather and enjoy the day.

We would also appreciate your help! If you would like to contribute an additional **raffle basket, individual items, or gift cards**, we would be incredibly grateful. We have already received several beautiful baskets and truly appreciate the generosity and support from our community.

Now, there is just one more thing we need...**Please start praying for good weather!** We are looking forward to a fantastic day of fun, fellowship, and community!

Exciting News: A Grant for Enhanced Campus Security

We are thrilled to announce that Asbury Village has been awarded a grant from **CPKC Railway** to contribute to our upgraded security proposal. This funding will help support plans to add additional security cameras throughout our campus and replace the keypad at the McKendree entrance. We are incredibly grateful for this generous award and the support it provides toward strengthening security throughout our community.

Jason Bless from CPKC will be traveling from Chicago to personally present the award during our upcoming **Ask Anita** session on:

Thursday, September 3rd at 1:00 p.m.
Asbury Chapel

We hope you will join us as we celebrate this wonderful partnership and express our appreciation to CPKC Railway for their generosity. We are also awaiting the outcome of several other pending grants that have been submitted to help contribute toward our larger security system upgrade. We remain hopeful and excited about the possibilities ahead!

Your Voice. Your Insight. Your Impact.

Over the past several weeks, many of you have spent time participating in engagement feedback sessions, sharing your experiences, ideas, and perspectives. **Thank you!** Your willingness to share helps us better understand what matters most to you.

Now, we would like to invite you to spend some time with members of our Administrative Team for upcoming **Resident Listening Sessions**.

Joining me will be:

- **Terri Averbeck, Business Office Manager**
- **Our Reception Team**
- **Rick Taylor, IT & Systems Director**
- **Jana Ferguson, Accounting Director**
- **And myself, Anita Martinez**

We have planned two opportunities for residents to join us:

Weston Residents

Thursday, September 3rd at 10:30 a.m.
Gathering Room
Coffee & Morning Delights

Independent Living Residents

Friday, September 4th at 9:00 a.m.
Main Dining Room

Coffee, Donuts & Morning Delights

These gatherings are an opportunity to share your **thoughts, ideas, concerns, and suggestions** with us.

Our goal is simple:

Listen → Gather Your Insight → Respond → Create Positive Change

We hope you will join us. Your voice matters, and together we can continue making Asbury Village an even better place to call home.

Welcome, Anniston and Paige!

We are pleased to welcome **Anniston Naumann and Paige Gasperoni**, who will be beginning their Social Work internships with us at Asbury Village.

We are excited to have them join our community and look forward to creating a positive and meaningful internship experience. Throughout their time with us, you will see their support and presence sprinkled throughout our Village as they learn, grow, and become part of the Asbury family.

Please join us in giving Anniston and Paige a warm Asbury Village welcome!

A Little September Travel

I also wanted to share that I will be away for a few days in September. Part of that time, I will be attending the **LCS Board Summit** along with several of our Board members. The agenda looks incredibly meaningful, and I believe the conversations, ideas, and information shared will be helpful as we continue looking toward the future of Asbury Village.

I also have a special opportunity to spend some time with family in Mexico. This trip was actually planned back in January, long before we knew September would become such a wonderfully **jam-packed month of events and activities at Asbury Village!** Most importantly, we are looking forward to spending time with our daughter-in-law, whom we have not seen since our son’s wedding in July 2025. It will be especially meaningful to be together again. We would sincerely appreciate your prayers for our family as she continues to await authorization to live in the United States with our son. We remain hopeful and prayerful that they will soon be able to begin this next chapter of their lives together.

Although I may be away for a few days, please know that my heart will always remain close to my Asbury Village family.

Thank you, as always, for your friendship, support, and prayers.

Anita



Camp Asbury





Activity Corner

September is bringing plenty of opportunities to get together, try something new, and enjoy some of your favorite Asbury traditions! Be sure to mark your calendars for these exciting upcoming events.

Healing Mules Therapy – September 10 at 1:30 PM

Get ready for a unique and heartwarming afternoon with **Healing Mules Therapy**! Residents will have the opportunity to learn more about these amazing animals, spend some time brushing and feeding the mules, and even take a picture with them. It's sure to be a memorable experience!

Back-to-School Happy Hour – September 11 at 1:30 PM

It's time to head back to school—Asbury style! Join us for a fun **Back-to-School Happy Hour** and show off your school spirit. Wear your **alma mater gear** and come ready to share a little school pride while enjoying drinks, snacks, and good company.

Annual Asbury Car Show – September 12 from 10:00 AM–1:00 PM

Our **Annual Car Show** is back! Come check out a fantastic lineup of cars, visit with fellow car enthusiasts, and enjoy a fun morning at Asbury. Bring your friends and family and help us make this year's show a great one!

Staff Chili Cook-Off – September 30 at 11:30 AM

Who makes the best chili at Asbury? **You get to decide!** Come sample the delicious creations at our Staff Chili Cook-Off and cast your vote for your favorite. Come hungry and get ready for some friendly competition!

Best, Linzi Tripp

Welcome, Paige & Aniston!

Please join us in welcoming Paige and Aniston, our two new social work interns from SIUE! Both are seniors working toward their Bachelor's degrees in Social Work and will be joining us through the school year. During their time at Asbury, Paige and Aniston will be getting to know our residents, helping develop new programs and activities, spending time visiting with residents one-on-one, and assisting with a variety of projects throughout the community. You'll likely see them around Asbury quite a bit, so be sure to say hello and introduce yourself when you see them! We're excited to have them here and look forward to all they will bring to our community. We hope you'll help us give them a warm Asbury welcome!

Aniston



Paige



Nurse Notes

Nurses will be performing blood pressure checks September 2nd and 16th at 10:30am in the Wiseman-Pollock Coffee Area.

The Dementia Support Group will meet on Thursday September 17th at 5pm in the BGA. We will be discussing the upcoming “Opening Minds through Art” program.

A vaccine clinic, provided by Medicine Shoppe of Wood River, will be held Tuesday September 22nd starting at 10am. Time for Flu Vaccines! COVID, Pneumonia and Shingles vaccines will be available as well. Please sign up at WP Reception desk. The CALC nursing students will be here to help support the clinic.

If you have a scooter but could not attend the August Scooter Policy Review session, please plan to attend the September session on September 10th at 1pm in the WP Coffee Area.

Please plan to join Taylor on September 23rd at 2:30pm for light refreshments and fun trivia!



Current CDC COVID vaccine recommendations for individuals 65 and older: 2 doses seperated by 3 months.

Flu Vaccine is recommended each year.

Vaccine Clinic

Provided by Medicine Shoppe of Wood River

Flu, COVID, Pneumonia, Shingles, Immunizations will be available

Tuesday September 22nd
Starting at 10am
Game Room

Sign up at WP Reception Desk

If you want a vaccine but are unable to attend the clinic, let reception know so Shannon or Nicole can assist you to receive the vaccine at a later time

Open to Employees

At Asbury Village, Extraordinary Impressions is our commitment to you. It is a promise from our staff to provide exceptional service, meaningful connections, and thoughtful care in every interaction. We strive to create a welcoming community where residents feel valued, respected, and supported each day. Thank you for allowing us to be part of your lives—we are honored to serve you and continually work to make your experience at Asbury Village extraordinary.

SEPTEMBER EXTRAORDINARY EMPLOYEES!

EACH MONTHLY ANNIVERSARY RECIPIENT WILL BE RECOGNIZED BY THEIR DIRECTORS WITH WHAT EXTRAORDINARY IMPRESSIONS - HOSPITALITY PROMISE THEY BEST EXEMPLIFY OR DEMONSTRATE.



CARRIE CARTER
9/30/2013-DIRECTOR OF MARKETING AND SALES
#3 We anticipate your needs and act accordingly.



TERRI AVERBECK
9/28/2010-BUSINESS OFFICE MANAGER
#5 We hold ourselves and one another accountable.



MARYANN CORSA
9/29/2020-HOUSEKEEPING
#1 We greet you warmly, by name and with a smile.

Shining THROUGH THE YEARS

NATIONAL ASSISTED LIVING WEEK® • SEPTEMBER 13-19, 2026



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ELEVATING CARE. TOGETHER.

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“Shining Through the Years” – Celebrate Assisted Living
Weston Terrace where our residents live is so much more than just an assisted living community. It is where caregivers, residents, family members, and local communities come together as family.

September 13-19, we will celebrate National Assisted Living Week® and its theme “Shining Through the Years.” Sponsored by Joint Commission in 2026, National Assisted Living Week is a special time for communities to honor residents for the lives they lead and the wisdom they have gathered and shared over the years. It is also a time to recognize the dedicated, hardworking staff and caregivers who ensure residents receive the high quality care they need to continue shining every single day.

The staff of Asbury Village are honored to celebrate the individuals who live and work in assisted living this week.

From the Chaplain... Every day is... Part 3.

To the Beloved at Asbury,
As we wind down our summer season, I am reminded of Memorial Day in May, Independence Day in July and now as Labor Day approaches, many of us look forward to a well-deserved break, time with family, and perhaps a moment to reflect on the value of work in our lives. While Labor Day is traditionally a celebration of workers and their contributions to society, it also offers an opportunity to consider the deeper meaning of labor—both in a spiritual and everyday sense. This year let's explore Labor Day through the lens of Mark 9:35-38, and recognize that, in truth, every day is Labor Day.

In Mark 9:35-38, Jesus sits down with His disciples and delivers a profound lesson: “Anyone who wants to be first must be the very last, and the servant of all.” He then takes a child in His arms and says, “Whoever welcomes one of these little children in my name welcomes me; and whoever welcomes me does not welcome me but the one who sent me.” This passage is a powerful reminder that the greatest among us are those who serve others, not those who seek glory or recognition.

Jesus' words challenge us to rethink our approach to labor, whether it is in our jobs, families, or communities. The act of serving is at the heart of meaningful work, and every task—no matter how small or unnoticed—has the potential to honor God and those around us.

Labor Day originated as a tribute to workers—recognizing their dedication, achievements, and the role they play in building our society. It is a day to acknowledge the dignity of work, the importance of fair treatment, and the value of community. Beyond the parades and picnics, Labor Day asks us to remember that every job matters, and that every worker deserves respect. But Labor Day is not just about paid work. It is also a celebration of the everyday efforts we make to care for others, to serve our families, and to contribute to our communities. Whether we are professionals, students, caregivers, or volunteers, our labor is meaningful and worthy of honor. The message of Mark 9:35-38 aligns beautifully with the spirit of Labor Day, inviting us to see every day as an opportunity to serve. We are called to welcome, support, and lift those around us, just as Jesus welcomed the child. Our daily actions—big and small—reflect our commitment to service, humility, and love.

In this sense, Labor Day is not confined to a single Monday in September. It lives in the moments we help a colleague, care for a loved one, volunteer in our community, or simply offer kindness to a stranger. By embracing the role of servant-leader, we transform ordinary labor into extraordinary acts of grace.

One Last Thing. My regular office hours are Tuesday, Wednesday and Friday 9a-2p. We also know life doesn't always happen during office hours. If you find yourself in need of pastoral assistance, support or just need to talk please feel free to call me at 618-531-4378. That is my cell phone, and I am happy to be of help.

Have a safe Labor Day Holiday.
Peace.

Pastor Alan
Chaplain

Healing Mules: A Unique Experience

Get ready for a special visit from **Healing Mules Therapy!** Residents will have the opportunity to learn all about these gentle and fascinating animals while spending some hands-on time with them. During the visit, you'll learn more about mules, their unique qualities, and how they can bring connection and joy to people. Residents will also have the chance to **brush and feed the mules** and, of course, take a picture to remember the experience! The program will be led by **Steve Bell**, who brings a passion for mules and their ability to positively impact the lives of others. We're excited to welcome Healing Mules Therapy to Asbury for an experience that is sure to be both educational and memorable. **Come meet the mules, make a new four-legged friend, and enjoy this one-of-a-kind experience on September 10th at 1:30!**



Resident Spotlight: Ken Conrady

Every community has those special people who make a place feel like home, and **Ken is certainly one of them!** Ken has become a much-loved part of our Asbury family. His kindness, personality, and the joy he brings to those around him make him someone truly special to our community. We are so grateful to have Ken here at Asbury and for all the ways he contributes to making our community a wonderful place to live. We hope you enjoy getting to know a little more about Ken and his story in the article attached!

WALL OF FAME

Kenneth Conrady

Kenneth was born in Wakita, Oklahoma in 1935, the youngest of four brothers. He graduated as valedictorian from Wakita Oklahoma High School in 1953. Encouraged by his band director, he auditioned for and received a scholarship to Phillips University in Enid, Oklahoma where he double majored in French horn and piano. After receiving a Bachelor's Degree in Music Education in 1957, he was awarded a Fellowship to Southern Illinois University Carbondale to complete his Master's Degree.

While at SIUC, Kenneth met Jean Holt, also a musician, and they married in 1959. She joined him in Bunker Hill, Illinois where he was currently teaching band and choral music. In 1961, they both began teaching in the Alton School District.

In 1968, Leroy Fritz recommended Kenneth as Director of Music for the Alton School District, where he became the focal point of support for band, orchestra, and vocal teachers.

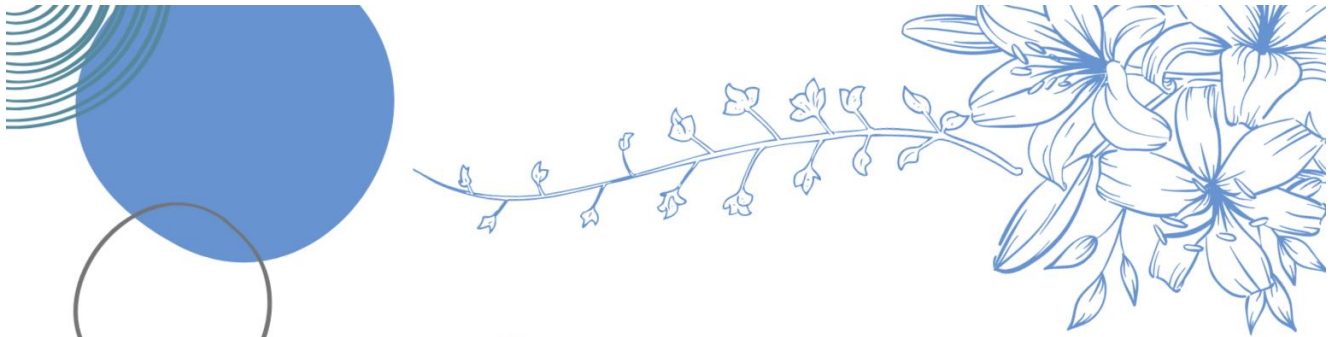
His vision to increase musical access and greater orchestral experience inspired him, along with Larry Crabbs, to found the Alton Youth Symphony in 1970, which is still a vibrant part of the Alton community today.



Kenneth's musical contributions extended far beyond the school system. He played French horn in the Alton Muny Band, announced halftime band shows, played piano for musicals at Alton High School, performed carillon concerts at Gordon Moore Park, played violin in the Alton Symphony Orchestra, and served on the Alton Symphony Orchestra Board. He and Jean were also choir director/organist at St. Mary's Church in Alton for over 60 years.

After retirement in 1989, Kenneth continued to serve the community as a piano tuner/technician until retiring in 2025 at the age of 90.

Kenneth and Jean live in Godfrey and are blessed with 3 children, Amy, Beth and Brian, 6 grandchildren and 2 great-grandchildren.



Attention: Parkinson's Support Group

RESCHEDULING AUGUST SESSION

for

Wednesday, September 9th at 2:30pm in
BGA.

We will watch the video we discussed and
introduce Taylor to the group!





Library Updates

There's been a little rearranging happening in the Asbury Village Library, and we want to make sure everyone knows where to find their favorite books!

A New Look & Organization

We have reorganized the library materials to make finding books easier. A library diagram is available to show where different materials are located, so be sure to take a look the next time you visit. We are still in the process of reorganizing, please do not hesitate to ask if you need help find a certain type of material.

One important change to note:

- **Computer Room:** Regular print books ONLY
- **Main Library Room:** Large print books and other materials

Library Workday – September 14 at 1:00 PM

Join us for a Library Workday on Monday, September 14 at 1:00 PM! We'll be working on organizing and maintaining the collection and making sure everything is easy to find and access.

If you have difficulty reaching books on the top shelves, please don't hesitate to ask for help. Our receptionist will be happy to assist you using the book extender located at the front desk. There's no need to stretch or strain to reach a book—just ask, and we'll be glad to help!

Help Us Keep Track!

When you check out a book, please **write the date in the front of the book**. This helps us know which books are actively being used and gives us a better idea of what our residents are enjoying.

Have You Discovered the Books in Weston?

Did you know there are two bookcases filled with books in the Gardenvue Atrium at Weston? These smaller collections are available for residents to browse and enjoy. The next time you're in Gardenvue, take a look—you may find your next great read!

September is Library Card Sign-Up Month!

September is **Library Card Sign-Up Month**, making it the perfect time to make sure you have a library card—or get one if you don't already! We will also have a special visit from **Hayner Public Library District** this month. Be sure to check the Activity Calendar for the date and come learn more about the resources, services, and materials available through Hayner.

Come Browse With Us!

Keep an eye on the Activity Calendar for scheduled library browsing times at Hayner Library. These are great opportunities to stop by, explore the shelves, discover something new, and find your next great read.