

# SEPTEMBER 2026

| SUNDAY                                                                                                                                                                                                                                                                                                                     | MONDAY                                                                                                                         | TUESDAY                                                                                                                                                                                                                                                               | WEDNESDAY                                                                                                                                                                                                                                               | THURSDAY                                                                                                                                                                                                                                                                                | FRIDAY                                                                                                                                                                       | SATURDAY                                                                                                                          |
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| Calendar Legend                                                                                                                                                                                                                                                                                                            |                                                                                                                                | 1                                                                                                                                                                                                                                                                     | 2                                                                                                                                                                                                                                                       | 3                                                                                                                                                                                                                                                                                       | 4                                                                                                                                                                            | 5                                                                                                                                 |
| <b>*** = Sign Up Required</b><br>BGA = Benjamin Godfrey Auditorium<br>CH = Chapel<br>CR = Conference Room<br>DR = Dining Room<br>GR = Game Room<br>HS = Hospitality Suite WP 236<br>LR = WP Living Room<br>McK = McKendree<br>W = Weston Lobby<br>WP = Wiseman-Pollock Coffee Area<br>WPFE = Wisman-Pollock Front Entrance |                                                                                                                                | 9:00 Yogurt & Fruit WP<br>10-12 Rotation Pinochle WP<br><b>10:30 Ruler Foods***</b><br>11:15 Exercise by APT BGA<br>1:00 BINGO BGA<br>1-4 Bridge GR<br><b>2:30 Pictionary BGA</b><br>2:30 Rosary CH<br>3:00 Catholic Communion CH<br>7:00 Water for Elephants Ch 2493 | 10:30 Balance Class BGA<br>10:30 BP Checks WP<br>11:00 Activity Committee WP<br>11:15 Exercise by SSP BGA<br>1:00 Bible Study GR<br>1:30 Five Crowns Card Game WP 3 <sup>rd</sup> Floor<br><b>2:30 Diamond Art BGA***</b><br>7:00 Bunco BGA             | <b>9:00 CVS, Walgreens ***</b><br><b>10:30 Walmart***</b><br>10:30 Dining Room Committee CR<br>10:30 Seated Dance BGA<br>11:15 Exercise by APT GR<br>1-4 Bridge WP<br><b>1:00 Ask Anita &amp; CPKC Railway Grant CH</b><br>2:30 Hand Massage Clinic BGA<br>7:00 The Mighty Macs Ch 2493 | <b>9:00 Coffee, Donuts, and Morning Delights with the Admin Team (Survey) DR</b><br>10:00 Worship CH<br>11:15 Exercise by SSP BGA<br><b>2:30 Belleville Eckert's Trip***</b> | <b>9:00 Village Inn Pancake House***</b><br>1:00 Resident Hand & Foot WP<br>3:30 Catholic Communion CH<br>7:00 Get Shorty Ch 2493 |
| 6                                                                                                                                                                                                                                                                                                                          | 7                                                                                                                              | 8                                                                                                                                                                                                                                                                     | 9                                                                                                                                                                                                                                                       | 10                                                                                                                                                                                                                                                                                      | 11                                                                                                                                                                           | 12                                                                                                                                |
| 9:30 Coffee Hour with Grace Church WP<br>10:00 Grace Church at Asbury CH<br>1:00 Resident Cards & Dice WP                                                                                                                                                                                                                  | 12:45 Ladies Bible Study CR<br>12:45 Men's Bible Study WP 3rd Floor<br>1-3 Nintendo Bowling BGA<br>7:00 Resident BINGO \$1 BGA | 9:00 Pastries & Fruit WP<br>10-12 Rotation Pinochle WP<br>11:15 Exercise by APT BGA<br>1:00 BINGO BGA<br>1-4 Bridge GR<br>2:30 Rosary CH<br>3:00 Catholic Mass with Father Steve CH<br>7:00 Water for Elephants Ch 2493                                               | 10:30 Balance Class BGA<br>11:15 Exercise by SSP BGA<br>11:30 Bible Study & Lunch GR<br><b>12:00 Birthday Lunch***</b><br>1:00 Resident Council CR<br>1:30 Five Crowns Card Game WP 3 <sup>rd</sup> Floor<br><b>2:30 Pod Squad GR</b><br>7:00 Bunco BGA | <b>9:00 Bank Run ***</b><br><b>10:30 Schnucks***</b><br>10:30 Seated Yoga & Stretch BGA<br>11:15 Exercise by APT GR<br>1:00 Scooter Policy with Nicole WP<br><b>1:30 Healing Mules Therapy WPFE</b><br>1-4 Bridge GR<br>7:00 The Mighty Macs Ch 2493                                    | 9:00 Coffee Hour WP<br>10:00 Worship CH<br>11:15 Exercise by SSP BGA<br><b>1:30 Back to School Happy Hour with Music from Paul Light WP</b>                                  | <b>10:00-1:00 CAR SHOW WPFE</b><br>1:00 Resident Hand & Foot WP<br>3:30 Catholic Communion CH<br>7:00 The Mask of Zorro Ch 2493   |

| SUNDAY                                                                                                                                                          | MONDAY                                                                                                                                                                                                                                                                                                         | TUESDAY                                                                                                                                                                                                                                                                       | WEDNESDAY                                                                                                                                                                                                                                                  | THURSDAY                                                                                                                                                                                                                                                                                                             | FRIDAY                                                                                                                                                               | SATURDAY                                                                                                                                                                |
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| 9:30 Coffee Hour with Grace Church WP<br>10:00 Grace Church at Asbury CH<br>1:00 Resident Cards & Dice WP<br><b>1:00 Alton Little Theater &amp; Fazoli's***</b> | 9:00 Walking Club WP<br>10:00 Sewing Club GR<br><b>11-1 Tech Corner LR***</b><br>11:15 Exercise by SSP BGA<br>12:45 Ladies Bible Study CR<br>12:45 Men's Bible Study WP<br>3rd Floor<br>1-3 Nintendo Bowling BGA<br>1:00 Library Work Day<br><b>2:30 Grief Support Group CR</b><br>7:00 Resident BINGO \$1 BGA | <b>8:30 Cracker Barrel***</b><br>9:00 Oatmeal Bar WP<br>10-12 Rotation Pinochle WP<br>11:15 Exercise by APT BGA<br>1:00 BINGO BGA<br>1-4 Bridge WP<br><b>2:30 Asbury Cup Challenge BGA</b><br>2:30 Rosary CH<br>3:00 Catholic Communion CH<br>7:00 Ladies in Lavender Ch 2493 | 10:30 Balance Class BGA<br>10:30 BP Checks WP<br>11:15 Exercise by SSP BGA<br><b>12:00 Men's Mingle WP***</b><br>1:00 Bible Study GR<br>1:30 Five Crowns Card Game WP 3rd Floor<br><b>2:30 Rekha Dravina on Piano CH</b><br>7:00 Bunco BGA                 | <b>9:00 CVS, Walgreens ***</b><br><b>10:30 Walmart***</b><br>10:30 Seated Dance BGA<br>11:15 Exercise by APT GR<br><b>1:00 Target/Kohls***</b><br>1-4 Bridge WP<br><b>1:30 Lois Voyles Card Class GR (10 person limit)***</b><br>7:00 The Mighty Macs Ch 2493                                                        | 9:00 Coffee Hour DR<br>10:00 Worship CH<br>11:15 Exercise by SSP BGA<br><b>12:00 Roma's Pizza***</b><br><b>2:00 Cooking Class: Pineapple Upside Down Cookies BGA</b> | 1:00 Resident Hand & Foot WP<br>3:30 Catholic Communion CH<br>7:00 We Are Marshall Ch 2493                                                                              |
| 20                                                                                                                                                              | 21                                                                                                                                                                                                                                                                                                             | 22                                                                                                                                                                                                                                                                            | 23                                                                                                                                                                                                                                                         | 24                                                                                                                                                                                                                                                                                                                   | 25                                                                                                                                                                   | 26                                                                                                                                                                      |
| 9:30 Coffee Hour with Grace Church WP<br>10:00 Grace Church at Asbury CH<br>1:00 Resident Cards & Dice WP<br><b>4:00 Fazzi's Restaurant***</b>                  | 9:00 Walking Club WP<br>11:15 Exercise by SSP BGA<br>12:45 Ladies Bible Study CR<br>12:45 Men's Bible Study WP<br>3rd Floor<br>1-3 Nintendo Bowling BGA<br><b>1:30 Music &amp; Light Bites with Ken &amp; Linda WP</b><br>7:00 Resident BINGO \$1 BGA                                                          | 9:00 Breakfast Enchiladas WP<br>10-12 Rotation Pinochle WP<br>11:15 Exercise by APT BGA<br>1:00 BINGO BGA<br>1-4 Bridge WP<br><b>2:30 Left, Right, Center Dice Game BGA</b><br>2:30 Rosary CH<br>3:00 Catholic Communion CH<br>7:00 Ladies in Lavender Ch 2493                | 10:30 Balance Class BGA<br>11:15 Exercise by SSP BGA<br><b>11:30 Survey Embarkation Luncheon DR</b><br>1:00 Bible Study GR<br>1:30 Five Crowns Card Game WP 3rd Floor<br><b>2:30 Smart Cookie Trivia &amp; Social with Taylor BGA***</b><br>7:00 Bunco BGA | <b>9:00 Bank Run ***</b><br>10:00-11:30 Hayner Library Card Signups & Resources WP<br><b>10:30 Schnucks***</b><br>10:30 Seated Yoga & Stretch BGA<br>11:15 Exercise by APT GR<br><b>1:00 Dollar Tree***</b><br>1-4 Bridge WP<br><b>2:30 Travelogue: Liz's Life on a Sailboat BGA</b><br>7:00 The Mighty Macs Ch 2493 | 9:00 Breakfast Buffet DR<br>10:00 Worship CH<br>11:15 Exercise by SSP BGA<br><b>1:00 St. Louis Art Museum***</b><br><b>2:30 Scarecrow Craft BGA***</b>               | <b>10:30 Southern Coastal Cuisine***</b><br>1:00 Resident Hand & Foot WP<br>3:30 Catholic Communion CH<br>7:00 We Are Marshall Ch 2493                                  |
| 27                                                                                                                                                              | 28                                                                                                                                                                                                                                                                                                             | 29                                                                                                                                                                                                                                                                            | 30                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                      | Calendar Legend                                                                                                                                                      | Calendar Legend                                                                                                                                                         |
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