

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1</b> 9:00 Tuesday Pastries WP Lobby 10:00 Morning Exercise Ch2493 10:30 CVS/Walgreens*** 10-12 Rotation Pinochle WP 11:15 GET FIT w/Meridith BGA 1:00 BINGO BGA 2:00 Walmart*** 2:30 Rosary CH	<b>2</b> 10:00 Morning Exercise Ch2493 11:15 Sit2Fit led by SSP BGA 1:00 Bible Study BGA 1:30 Parkinson Support Group Guest Speaker CR 3:00 Sit & Be Fit Ch2493 7:00 Resident Bunco BGA	<b>3</b> 10:00 Morning Exercise Ch2493 11:15 Sit2 Fit letd by SSP BGA 2:00 Yahtzee GR 7:00 Thursday Night Movie Ch2493	<b>4</b> 9:00 Coffee Hour WP Lobby 10:00 Morning Exercise Ch2493 11:15 GET FIT Exercise led by SSP BGA 1:00 Field Day / Games Outside 3:00 Sit & Be Fit Ch2493	<b>5</b> 10:00 Morning Exercise Ch2493 3:30 Catholic Communion CH 7:00 Saturday Night Movie Ch2493
<b>6</b> 6:00 Sunday Evening Worship Speaker: Jay Hanscome Betsy Arnold at the piano CH	<b>7</b> 10:00 Morning Exercise Ch2493 11:15 Sit2Fit Exercise SSP BGA 1-3 WII Bowling BGA 1:00 Ladies Bible Study CR 2:00 Asbury Village Choir CH 3:00 Sit & Be Fit Ch2493 7:00 Resident BINGO \$1 BGA	<b>8</b> 9:00 Bank Run*** 9:00 Tuesday Pastries WP Lobby 10:00 Morning Exercise Ch2493 10-12 Rotation Pinochle WP 11:00 Activity Mtg LR 11:15 GET FIT w/ Meredith BGA 1:00 BINGO BGA 2:00 Schnucks*** 2:30 Rosary CH	<b>9</b> 10:00 Morning Exercise Ch2493 11:15 Sit2Fit led by SSP BGA 1:00 Bible Study BGA 3:00 Sit & Be Fit Ch2493 4:00 Long Horn Steak House in Fairview Heights*** 7:00 Resident Bunco BGA	<b>10</b> 10:00 Morning Exercise Ch2493 10:00 Eckert's*** 11:00 Clickers Camera Club LR 11:15 GET Fit/Meredith BGA 2:00 Dice & Cards GR 7:00 Thursday Night Movie Ch2493	<b>11</b> 9:00 Coffee Hour WP Lobby 10:00 Friday Worship Chapel 10:00 Morning Exercise Ch2493 11:15 GET FIT Exercise led by SSP 3:00 Sit & Be Fit Ch2493	<b>12</b> 8:30 Alton Farmer's Market and Brunch at Hickory Grove *** 10:00 Morning Exercise Ch2493 3:30 Catholic Communion CH 7:00 Saturday Night Movie Ch2493
<b>13</b> 3:00 Grand Forks / Diamond Mineral Springs*** 6:00 Sunday Evening Worship Speaker: Mike Soloman Betsy at the piano CH	<b>14</b> 10:00 Morning Exercise Ch2493 11:15 Sit2Fit Exercise SSP BGA 1-3 WII Bowling BGA 1:00 Ladies Bible Study CR 2:00 Asbury Village Choir CH 3:00 Sit & Be Fit Ch2493	<b>15</b> 9:00 Tuesday Pastries WP Lobby 10:00 Cracker Barrel in Troy*** 10:00 Morning Exercise Ch2493 10-12 Rotation Pinochle WP 11:15 GET FIT w/ Meredith BGA 1:00 BINGO BGA 2:30 Rosary CH 3:00 Catholic Mass CH	<b>16</b> 10:00 Morning Exercise Ch2493 11:15 Sit2Fit led by SSP BGA 12:00 October Birthday Luncheon DR*** 1:00 Bible Study BGA 1:30 1001 Nights in the Middle East / presented by Bob	<b>17</b> 9:00 Bank Run*** 10:00 Morning Exercise Ch2493 10:00 Fall Screen / Prevention BGA 11:00 Aldi's*** 11:15 GET Fit/Meredith BGA 2:00 Handmade Gifts BGR 7:00 Thursday Night Movie	<b>18</b> 9:00 Coffee Hour WP Lobby 10:00 Friday Worship Chapel 10:00 Morning Exercise Ch 2493 11:15 GET FIT Exercise led by SSP 3:00 Sit & Be Fit Ch2493 3:30 Appleby's in Edwardsville***	<b>19</b> 10:00 Morning Exercise Ch2493 3:30 Catholic Communion CH 7:00 Saturday Night Movie Ch2493
<b>20</b> 10:30 See the Leaves and Grafton Winery*** 6:00 Sunday Evening Worship Speaker: Ronda from Main Street Betsy at the piano CH	<b>21</b> 10:00 Morning Exercise Ch2493 10:00 Needles & Pins Mck LR 11:15 Sit2Fit Exercise SSP BGA 1-3 WII Bowling BGA 1:00 Ladies Bible Study CR 2:30 Blood Pressure Check WP Lobby	<b>22</b> 9:00 CVS / Walgreens*** 9:00 Tuesday Pastries WP Lobby 10:00 Morning Exercise Ch2493 10-12 Rotation Pinochle WP 11:15 GET FIT w/ Meredith BGA 1:00 BINGO BGA 2:00 Walmart*** 2:30 Rosary CH 3:00 Catholic Mass CH 4:00 Chapella's ***	<b>23</b> 9:00 Men's Coffee Mingle. All Men invited for coffee and good conversation. WP Lobby 10:00 Morning Exercise Ch2493 11:15 Sit2Fit led by SSP BGA 1:00 Bible Study BGA 2:30 Ice Cream Social 3:00 Sit & Be Fit Ch2493 7:00 Resident Bunco BGA	<b>24</b> 10:00 Morning Exercise Ch2493 11:00 Book Club LR 11:00 Men's Lunch Out for Ham & Beans / Clifton Terrace*** 11:15 GET FIT w/ Meredith BGA 2:00 Halloween Happy Hour and Costume Contest 7:00 Thursday Night Movie Ch2493	<b>25</b> 9:00 Breakfast Buffet 10:00 Friday Conversation Protestants and Catholics, "Finding Hope in Difficult Times" CR 10:00 Morning Exercise Ch2493 10:00 Ruler Foods*** 11:15 GET FIT Exercise led by SSP BGA 1:30 Creative Crafts BGA	<b>26</b> 9:00 Dorothy's for Breakfast*** 10:00 Morning Exercise Ch2493 3:30 Catholic Communion CH 7:00 Saturday Night Movie Ch2493
<b>27</b> 6:00 Sunday Evening Worship Speaker: Chaplain Jackie Betsy at the piano CH	<b>28</b> 10:00 Morning Exercise Ch2493 11:15 Sit2Fit Exercise BGA 1-3 WII Bowling BGA 1:00 Ladies Bible Study CR 2:00 Asbury Village Choir 3:00 Sit & Be Fit Ch2493 7:00 Resident Bingo \$1 BGA	<b>29</b> 9:00 Tuesday Pastries WP Lobby 9:00 Bank Run*** 10:00 Morning Exercise Ch2493 10-12 Rotation Pinochle WP 11:15 GET FIT w/ Meredith BGA 1:00 BINGO BGA 2:00 Schnucks*** 2:30 Rosary CH 3:00 Catholic Mass CH	<b>30</b> 10:00 Morning Exercise Ch2493 11:15 Sit2Fit led by SSP BGA 1:00 Bible Study BGA 3:00 Sit & Be Fit Ch2493 7:00 Resident Bunco BGA	<b>31</b> 10:00 Morning Exercise Ch2493 11:00 Book Club LR 11:15 GET FIT w/ Meredith BGA 7:00 Thursday Night Movie Ch2493	<u>Color Code:</u> Spiritual: Brown Red: Entertainment/Events Blue: Outings Green: Exercise  Don is on vacation October 2—October 7. No outings during this time.	<u>Location Code:</u> CH - Chapel DR - Dining Room HS - Hospitality Suite WP 3rd floor BGA-Benjamin Godfrey Aud. LR- WP Living Room W - Weston Lobby WP- Wiseman-Pollock Mck- McKendree