

JANUARY
2023

Village Voice

Welcome New Residents:

Barbara Fallon WP 330

John Heinkel, 5103 Albright

Marian Wiegand, McK 300

Rose Roggow, 5104 Albright

Nancy Vossenkemper McK 208



Anita's Ad-libs



Happy New Year Asbury Village!

As I prepare my first message of 2024, I'm reflecting on the highlights of 2023. I reflect with gratitude for the many blessings and joy that filled our Village throughout the past year. I'm grateful for the many ways that our Asbury Village has grown. We've had many vibrant times together and we look forward to sharing a wonderful 2024 together.

A few updates....so many positives to share!

We tabulated and are thrilled to share that Asbury Village donated \$4,813.23 to the Alzheimer's Association. As previously shared, this was the result of several fundraising events. Again, thanks to everyone who participated in this important organization. See the photo below where we proudly presented our generous donation.



We did it! Congratulations to Asbury Village. We received the Telegraph and Riverbend's Award for the BEST of the BEST for Senior Living and the BEST of the BEST for Assisted Living! We appreciate everyone's vote of confidence and appreciate the community's recognition!

During October and November, both residents and employees took the resident and employee engagement surveys. Both surveys are very important. **I'm elated to share that the Holleran employee engagement survey results have returned.** I hope that our entire Village shares the gratitude and excitement about the outstanding results. I've always been partial about our employees! God has blessed us with caring and loving employees. The following will be part of a soon-to-be press release regarding our employee survey results:

Asbury Village has been recognized for their admirable engagement scores, placing them at the top of the benchmark of Life Plan Communities across the nation.

Asbury Village was awarded Holleran's Community Choice Award for completion of their 2023 Employee Engagement survey. This accolade means we are engaging with our stakeholders at the highest possible levels, placing Asbury Village at the top of the Holleran National Benchmark. It also demonstrates that we have been recognized as one of the most engaging senior living organizations across the nation. A proprietary algorithm, developed by Holleran's highly trained statisticians, researchers, and analysts, determines Choice Community Award recipients. Holleran has the largest benchmark of its kind, measuring both resident and employee engagement in the senior living space. Currently, the benchmark comprises more than 161,000 resident and employee surveys, from 600 organizations across 35 states, DC and Canada, all completed within the last three years.

The **Resident Engagement Survey** results will be returned soon. I have planned to share those results with you on **January 17th at 10:30 am in Weston and at 1:30 pm in the Chapel.** I hope that you'll be able to join me as I share the results.

As always, the Community Life Department has planned a fun month in January. It may be cold, wet, or even snowy outside, but we always have fun events planned inside which include palm trees, tropical foods, and more. Mark your calendars and join us for January activities.

Don't be shy...drop by...and say hi! In 2023, we welcomed many new neighbors. We're planning for opportunities to reacquaint or acquaint with your neighbors. Please reference other newsletter highlights for when and where.

With Gratitude! On behalf of our employees that received your generous Christmas gift, please accept a heartfelt thank you! Once again, this gift has a remarkable history, initiated over 20 years ago through the Resident Council. It's essential to note that this is not a gift integrated into our operations but is individually led by the residents themselves. The collective donations in 2023 amounted to a generous sum of \$26,000.00. Words cannot adequately express the gratitude felt by our employees for this incredible gesture. If you have any questions or would like more information, please feel free to reach out to Martha Darr, Resident Council President.

FEELING YOUR BEST IN 2024! Your health and wellness depend on many facets of everyday life, from getting plenty of rest and exercise to feeling loved and appreciated. As you know, we've planned through the past year to have a holistic approach to wellness, balancing the needs of mind, body, and soul to help you feel your best. We've recommitted to our **8 Dimensions of Wellness, our Lifestyle and Wellness Program**, Living Easy, Living Well, gives you all the elements for vibrant, healthy living right here – at home! We've planned a calendar of events for the entire year. Please check out January's H&W events. We've noticed that our wellness gym is being underutilized. Are you unsure of how to use the equipment? Never exercised before. Feeling like you'd be embarrassed to try? Need a helping hand to help just YOU and not a group? We've planned for a personal trainer to be present to show you how and possibly share options for what would work just for you. If unsure, please take a small step in the right direction of your own personal health needs and consider participating in our January events.

**New is the year, new are the hopes, new is the resolution,
new are the spirits, and new are my warm wishes just for you.
Have a promising, healthy and Happy New Year!
God Bless and With Gratitude,**

Anita





The Spirit
of
Christmas
is
Here!



Happy New Year!

