



*March is  
National Craft  
Month*



## *Welcome New Residents:*

*Beatrice Hennings, Weston 115*

*Bill & Fran Holbrook, Wiseman-Pollock 341*

*Donna Beard, Weston 113*



## *Anita's Ad-libs*



### ***Happy March Village Family,***

I can't believe that soon the "ides of March" will be upon us. Oh goodness, please look carefully, as March will be filled with fun events. **We hope that you'll consider joining everything!**

*First off, we're looking forward to the return of our **Longevity Lunch planned for March 29th**. This is a treasured time to gather and celebrate our residents who are in a distinguished league of their own. Yes, this is a luncheon for those residents who are 90+ years young. I'll save our total number of residents attending until our special day. Our group this year is admirable! A few safety reminders..*

- **Open Flames are not permitted.** However, please enjoy diffusers and battery-operated candles to create ambiance and aroma therapy.
- **We have a no solicitation policy.** If someone unknown knocks on your door promoting a product or service, please contact the receptionist desks and we will kindly redirect them. We have signage posted but sometimes those are overlooked.
- **The Dining and Events Guidelines were reviewed during our Ask Anita meeting in February.** If you have misplaced your guideline that is included in your handbook, we'll have extra copies at the receptionist desk. As a friendly reminder, walkers and motorized vehicles are encouraged to be left in safe locations outside of large gathering areas such as the dining room and Benjamin Godfrey Auditorium. In those areas, we will help remove your walker for you and place them in designated areas. When you are ready to leave, we'll gladly bring it back to you. These devices create safety risks for anyone trying to navigate around close spaces. We appreciate your friendly reminders if you are in need of removing or retrieving your device.

***If you have a walker, cane, or wheel chair that needs to be labeled, please contact the receptionist desk*** and we'll be happy to create a label or tag with your personal identification. This will be very important as we move forward with the dining and events policy. Our next **Ask Anita is scheduled for March 16th** that will include updates from the Directors. Two meetings are scheduled at 10:00am in the Chapel and /or 1:30pm in Weston Gathering Room.

*I/we extend a warm welcome to our new residents that joined us during the month of February. We're planning a new resident welcome on March 14th at 1:00pm. It happens to be National Chip Day as well. We'll be welcoming our new residents and enjoying a variety of chips and beverages. Hope everyone will drop by and say hello.*

*This would be a great time to wear your name tags! To our new residents, no worries... we won't quiz you on everyone's name. :) Soon the Resident Directory will be updated and then we can quiz!*

*We couldn't be more excited to see everyone enjoying dining together! We appreciate your willingness to welcome others to join a table as the dining room is filling up. In the spirit of getting to know others, we will have a March Mixer, one evening of new-neighbor dining. As you enter the dining room, we'll give you a table number that will direct you to your dinner table. We'll also have conversation cards at your table to spark a way to get to know one another. For those of you that have attended our Birthday Luncheons, we've received your feedback that it has been fun to celebrate together and get to know someone new or something new about your fellow villagers. We hope that you'll enjoy this special March Mixer Dinner that will give you this same opportunity.*

*Happy National Marketing Week! **We're excited to recognize and appreciate our dynamic Asbury Marketing Department the week of March 20th - 24th.** We couldn't be prouder to recognize Carrie Carter, Marketing and Sales Director; Dayna Alford, Senior Residency Counselor and Chris Hoover, Sales and Move-in Specialist. They are a successful and exceptionally talented team. They put their hearts into helping our Village grow.*

*Speaking of helping us grow... **We appreciate those of you that took the time to leave us a review on google on Facebook.** Your positive thoughts and comments means so much to us. Those comments are shared publicly and are often viewed by the public to have a better understanding of our quality. Stay tuned... we may be using some of your reviews on our website and in future advertisements. If you are unsure of how to do the review, please stop by the marketing office or see me and we'll be happy to help you. **Thanks for caring and sharing!***

***Are you a poet and we do not know it?** We're looking forward to celebrating **National Poetry Day on March 21st.** Please refer to the newsletter for more details on how to participate or just enjoy! Cant wait to enjoy this event with you!*

*Of course, we'll also be enjoying celebrating St. Patrick's Day and the opening of the Cardinal Baseball Season. Wow, how time flies! **Again, mark your calendars and be ready to celebrate!***

*Happy March!! I leave you with this message...*

*Sláinte,*

*Anita*





## ***“Tidbits” from Gail Stucker, Director of Community Life Services***

### **Happy March Everyone!**

What a great feeling to know that Spring is just around the corner. We all wait with anticipation for the grass to start turning to green, the trees to start budding out and the happy sounds of the singing birds.

We have been planning some new and different activities that may be of interest to you. We are also responding to some requests for some of the new items on your calendar.

**SEWING CIRCLE:** This has been requested, and we are hoping to have many interested. Our first get-together will be Thursday, March the 9th at 10:00 am in the Game Room. This will be a chance for us to talk over what we would like to do, how often and where we would like to meet. Some residents have already brought ideas for projects that may be considered. Even if you don't sew but would like to be a part of the group, we may be able to use fabric cutters, ironers or even someone to help find projects.

**POETRY DAY:** Tuesday, March 21st is a special day to appreciate poetry. We are very fortunate to have several poets living at our Village. If you also write poetry, we would love to hear from you. We will set aside a special time at 1:30 on the 21st in the Chapel for those of you who write, like to read poetry or just appreciate it to all come together for a reading. Please contact me if you would like to be involved in this very special event.

**GYM ORIENTATION:** Once again Meredith from Alton Physical Therapy is planning to lead us in a training on the equipment in our gym. She will be able to tell us the best way to use the equipment and demonstrate how to use it. This will be held on the 14th and the 30th at 10:40 am. Please plan to be there if you would like instruction or are curious about how to use the gym equipment.

**OSF Mall Walk:** The Rehabilitation Services Team at OSF HealthCare Center is planning a mall walking program. At 8:30 am once a month, the team will be there to encourage you and have walking logs for you to pick up to log your walking routine. The official mall walking dates are March 14, April 11, May 9 and June 14. We will plan to have a bus available to take you, so be sure to sign up at the desk so you can get out and “walk the mall”!

**Wednesday Muffins are moving to Tuesday.** There will be more variety offered with something different each week. Remember to come Tuesday next week; it's Breakfast Cereal Day, so we will have a variety of cereals available. See you then!

**Popcorn & a Movie!** This has turned out to be an event that several enjoy. We will do it again in March on the 16th at 1:30 p.m. in the BGA. We will be showing “News of the World” with Tom Hanks this month.

**CARDINAL CARD PARTY:** It's that time again! In case you are wondering, our card parties include lunch, three hours of playing the game of your choice and attendance prizes, all Cardinal type gifts. Wear your Cardinal shirts, hats or whatever you have and show your Cardinal spirit. The cost is \$10, and the public will be invited.

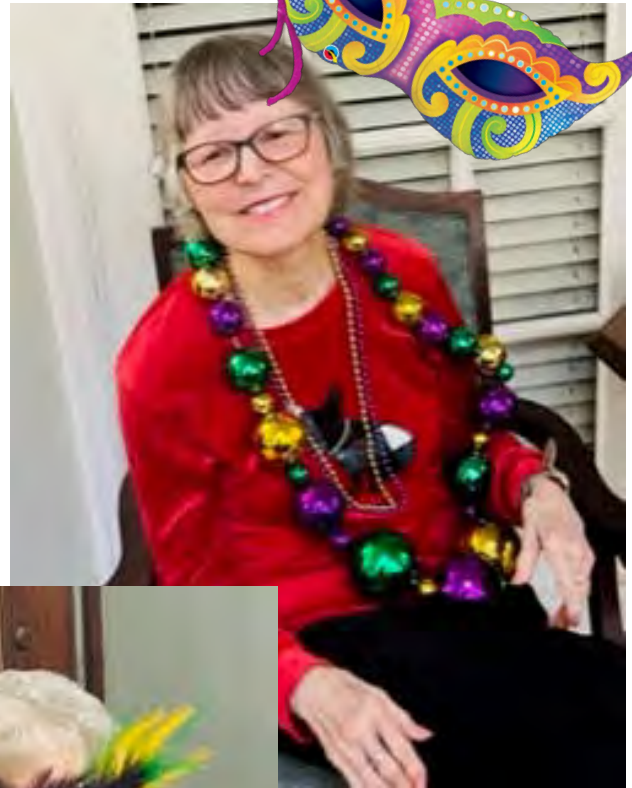
As always, please call with any questions or suggestions !

Gail

# February CRAFTS!!

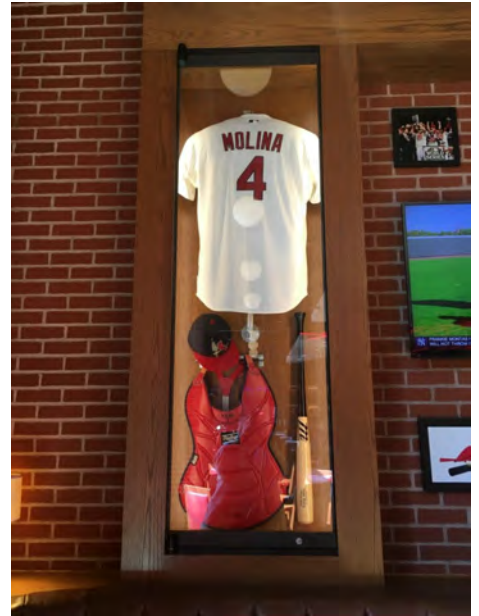


# Mardi Gras

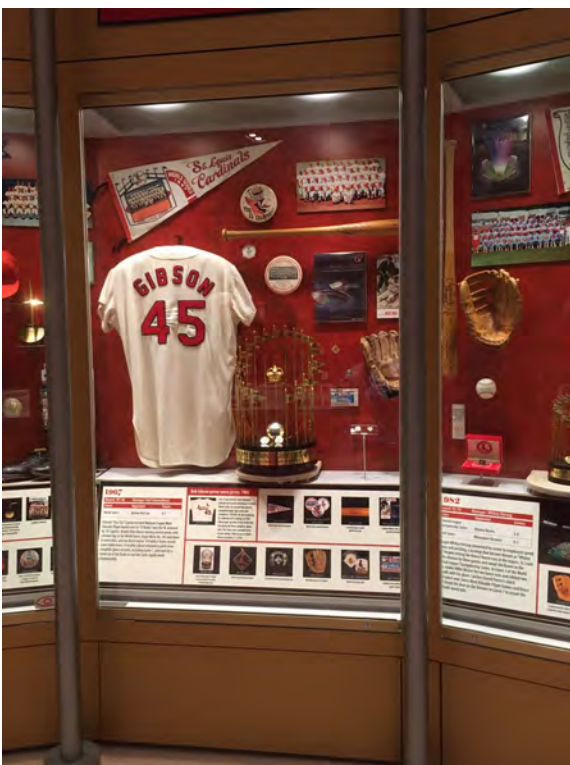


# Valentines Day





Hall of Fame  
Museum  
Ball Park Village





# Memories made together



TRIVIA

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