

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p><b>MARCH</b></p>			<p><b>1</b>            9:00 Muffins served WP Lobby            10:00 Morning Exercise Ch2493            11:15 Sit2Fit led by SSP BGA            12:00 Café' is closed today; dining room open for lunch 12:00-1:00.            1:00 Bible Study Today BGA            2:15 Creative Crafts GR            3:00 Sit &amp; Be Fit Ch2493            7:00 Resident Bunco BGA</p>	<p><b>2</b>            9:00 Bank Run ***            10:00 Morning Exercise Ch2493            10:00 Dining Services Mtg BGA            10:30 Walgreens/CVS ***            11:15 GET FIT w/ Meredith BGA            1:30 Schnucks ***            2:15 Games Galore            7:00 Thursday Night Movie Ch2493</p>	<p><b>3</b>            9:00 Coffee Hour WP Lobby            10:00 Friday Worship-Celebration of Life CH            10:00 Morning Exercise Ch2493            11:015 GET FIT Exercise BGA            3:00 Sit &amp; Be Fit Ch2493            4:00 Fish Fry at Knights of Columbus, Godfrey ***</p>	<p><b>4</b>            10:00 Morning Exercise Ch2493            3:30 Catholic Mass CH            7:00 Saturday Night Movie Ch2493</p>
<p><b>5</b>            1:00 ALT: Violet Sharp Dinner at Hickory Grove***            1:00 Armchair Travels Ch2493            6:00 Sunday Evening Vespers CH</p>	<p><b>6 OREO Cookie Day</b>  <u>Cookies coming to your door!</u>            10:00 Morning Exercise Ch2493            11:15 Sit2Fit Exercise SSP BGA            1-3 WII Bowling BGA            1:00 Ladies Bible Study HS            2:00 Asbury Village Choir CH            3:00 Sit &amp; Be Fit Ch2493            7:00 Resident BINGO \$1 BGA</p>	<p><b>7 BREAKFAST CEREAL DAY</b>            9:00 Breakfast Cereal WP Lobby            10:00 Morning Exercise Ch2493            10:00-12:00 Rotation Pinochle WP            10:30 Dollar General ***            11:00 GET FIT w/ Meredith BGA            11:00 Activity Meeting LR            1:30 Walmart ***            1:30 BINGO BGA            3:00 Rosary CH            4-6 pm March Mixer at dinner DR            7:00 Tuesday Night Movie Ch 2493</p>	<p><b>8</b>            10:00 Morning Exercise Ch2493            11:00 Sit2Fit led by SSP BGA            11:00 Resident Council Meeting CR            Note: Time change.            1:00 Bible Study BGA            2:15 Creative Crafts WP 3rd floor            3:00 Sit &amp; Be Fit Ch2493            7:00 Resident Bunco BGA</p>	<p><b>9 NATIONAL POPCORN LOVERS</b>            10:00 Morning Exercise Ch2493            10:00 Sewing Circle/ Game Room            10:30 BUS OUT            11:00 GET FIT w/ Meredith BGA            1:30 Popcorn Party—Come and try your favorite flavorings and all the trimming for a popcorn sundae.***            1:30 Dollar Tree ***            2:30 Games Galore GR            4:00 Dinner Out Gentelins ***            7:00 Thursday Night Movie Ch2493</p>	<p><b>10 MEATBALL DAY</b>            9:00 Coffee Hour DR            10:00 Friday Worship CH            10:00 Morning Exercise Ch2493            11:00 GET FIT Exercise BGA            1:30 Computer 101 CR            3:00 Sit &amp; Be Fit Ch2493            4:00 Special Meatball Dish available for dinner.            4:30 Music at Dinner Joe Powell</p>	<p><b>11</b>            10:00 Morning Exercise Ch2493            3:30 Catholic Mass CH            4:00 Dinner Out Johnson's Corner—Corn Beef &amp; Cabbage available. ***            7:00 Saturday Night Movie Ch2493</p>
<p><b>12 Daylight Savings Time Begins—Spring forward!</b>            1:00 Armchair Travels Ch2493            6:00 Sunday Evening Vespers CH</p>	<p><b>13</b>            10:00-12:00 Library Work Day            10:00 Morning Exercise Ch2493            11:00 Sit2Fit Exercise SSP BGA            1-3 WII Bowling BGA            1:00 Ladies Bible Study HS            2:30-3:30 BP Check WP Lobby            3:00 Sit &amp; Be Fit Ch2493            7:00 Resident Bingo \$1 BGA</p>	<p><b>14 CHIPS DAY</b>            8:00 Mall Walk with OSF ***            9:00 Breakfast Pastries WP Lobby            10:30 BUS OUT            10:00 Morning Exercise Ch2493            10:00-12:00 Rotation Pinochle WP            10:40-11:00 Orientation on Gym Equipment (Gym)            11:00 GET FIT w/ Meredith BGA            1:00 Welcome New Residents Chips &amp; Soda Reception HS            1:30 Aldi's***            2:30 BINGO BGA Note Time Change            3:00 Rosary CH            6:00 Hayner -Curtis the Mentalist ***            7:00 Tuesday Night Movie Ch 2493</p>	<p><b>15</b>            10:00 Morning Exercise Ch2493            11:00 Sit2Fit led by SSP BGA            12:00 March Birthday Luncheon DR            1:00 Bible Study BGA            2:15 Creative Crafts GR            3:00 Sit &amp; Be Fit Ch2493            3:30 Men's Dinner Out Hodak's***            7:00 Resident Bunco BGA</p>	<p><b>16</b>            9:00 Bank Run***            10:00 Morning Exercise Ch2493            10:00 Ask Anita CH            10:30 Schnucks***            11:00 GET FIT w/ Meredith BGA            1:30 Ruler Foods ***            1:30 Popcorn &amp; A Movie BGA            7:00 Thursday Night Movie Ch2493</p>	<p><b>17 St. Patrick's Day</b>            9:00 Coffee Hour WP Lobby            10:00 Friday Worship CH            10:00 Morning Exercise Ch2493            11:00 GET FIT Exercise BGA            3:00 Sit &amp; Be Fit Ch2493            1:30-3:00 St. Paddy's Scavenger Hunt &amp; Celebration            4-6 pm Irish Dinner with Beverage Bar available outside the dining room.</p>  <p>Happy St. Patrick's Day!</p>	<p><b>18</b>            10:00 Morning Exercise Ch2493            3:30 Catholic Mass CH            7:00 Saturday Night Movie Ch2493</p>
<p><b>19 NATIONAL BUBBLE WEEK</b>            10:30 Lunch Out Diamond Mineral Springs ***            1:00 Armchair Travels Ch2493            6:00 Sunday Evening Vespers CH</p>	<p><b>20 FIRST DAY OF SPRING</b>            10:00 Morning Exercise Ch2493            11:00 Sit2Fit Exercise BGA            1-3 WII Bowling BGA            1:00 Ladies Bible Study HS            2:00 Asbury Village Choir CH            3:00 Sit &amp; Be Fit Ch2493            7:00 Resident Bingo \$1 BGA</p>	<p><b>21 POETRY DAY</b>            9:00 Breakfast Pastries WP Lobby            10:00 Morning Exercise Ch2493            10:00-12:00 Rotation Pinochle WP            10:30 Walmart***            11:00 GET FIT w/ Meredith            1:30 Residents and Staff share their favorite poems and readings. CH            1:30 Big Lots***            2:30 BINGO BGA Note Time Change            3:00 Rosary CH            7:00 Tuesday Night Movie Ch 2493</p>	<p><b>22</b>            10:00 Morning Exercise Ch2493            11:00 Sit2Fit led by SSP BGA            1:00 Bible Study BGA            2:15 Creative Crafts GR            3:00 Sit &amp; Be Fit Ch2493            7:00 Resident Bunco BGA</p>	<p><b>23</b>            10:00 Morning Exercise Ch2493            10:30 BUS OUT            11:00 GET FIT w/ Meredith BGA            11-2 pm <u>CARDINAL CARD PARTY</u>, Wear Cardinal Apparel for a baseball theme party! WP LOBBY ***            1:30 Target ***            4:00 Dinner Out 140 Club ***            7:00 Thursday Night Movie Ch2493</p>	<p><b>24</b>            9:00 Coffee Hour WP Lobby            10:00 Friday Worship CH            10:00 Morning Exercise Ch2493            10:00 Wisdom for Confusing Times CR            11:00 GET FIT Exercise BGA            1:30 Computer 101 CR            1:30 Gary Jackson will be here to speak on "Women in the Civil War". BGA            3:00 Sit &amp; Be Fit Ch2493            4:00 Fish Fry at Evangelical Church ***</p>	<p><b>25</b>            9:30 Breakfast Out at Cracker Barrel ***            10:00 Morning Exercise Ch2493            3:30 Catholic Mass CH            7:00 Saturday Night Movie Ch2493</p>
<p><b>26</b>            10:30 Drive through Lone Elk Park, St. Louis at and Lunch Out at TBA***            1:00 Armchair Travels Ch2493            6:00 Sunday Evening Vespers CH</p>	<p><b>27</b>            10:00 Morning Exercise Ch2493            1:00 Ladies Bible Study HS            1-3 WII Bowling BGA            1:30 Asbury Village Choir            3:00 Sit &amp; Be Fit Ch2493            7:00 Resident Bingo \$1 WP Lobby</p>	<p><b>28 BOARD MEETING</b>            9:00 Breakfast Pastries WP Lobby            10:00 Morning Exercise Ch2493            10:00-12:00 Rotation Pinochle WP            11:00 GET FIT w/ Meredith BGA            12:00 Lunch at Chick Filet, shopping at Dierburgs and Michaels ***            1:30 Bingo BGA            7:00 Tuesday Night Movie Ch 243</p>	<p><b>29</b>            10:00 Morning Exercise Ch2493            11:15 Sit2Fit led by SSP BGA            12:00 Longevity Luncheon by Invitation (90+ years) ***            1:00 Bible Study Today BGA            2:15 Creative Crafts GR            3:00 Sit &amp; Be Fit Ch2493            7:00 Resident Bunco BGA</p>	<p><b>30 CARDINAL OPENING DAY</b>            10:00 Morning Exercise Ch2493            10:30 Lunch Out Olga's ***            10:40-11:00 Orientation on Gym Equipment (Gym)            11:00 Book Club LR            11:15 GET FIT w/ Meredith BGA            1:30-3:30 Baseball Cardinal Happy Hour &amp; Ballgame Food ***            7:00 Thursday Night Movie Ch2493</p>	<p><b>31</b>            9:00 Breakfast Buffet DR            10:00 Friday Worship CH            10:00 Morning Exercise Ch2493            11:015 GET FIT Exercise BGA            3:00 Sit &amp; Be Fit Ch2493            4:00 Fish Fry at VFW on Alby ***</p>	<p><b>1</b>            10:00 Morning Exercise Ch2493            3:30 Catholic Mass CH            7:00 Saturday Night Movie Ch2493</p>