

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 10:00 Morning Exercise Ch 900 10:00-12:00 OSF BP Check & Clinic Hrs 12:00 Lunch 3:00 Sit & Be Fit Ch 900 7:00 Trivia Night on Ch 900	2 7:00 Saturday Night Movie 900
3 1:00 Armchair Travels Ch 900 6:30 Evening Worship CH 900 Services from local churches.	4 10:00 Morning Exercise Ch 900 12:00 Lunch 2:30-4:30 OSF BP Check & Clinic 3:00 Sit & Be Fit CH 900 7:00 Monday Night Movie Ch 900	5 Morning Exercise Ch 900 12:00 Lunch 7:00 Musical Tuesday 900	6 10:00 Morning Exercise Ch 900 10:30-12:00 Singin' in the Hallway! MCK 12:00 Lunch 1:00-3:00 Singin' in the Hallway! WP 3:00 Sit & Be Fit Ch 900 7:00 Wednesday Movie Ch 900	7 10:00 Morning Exercise Ch 900 12:00 Lunch 7:00 Harry's Choice-Movie Night Ch 900	8 10:00 Morning Exercise Ch 900 10:00-12:00 OSF BP Check & Clinic Hrs 12:00 Lunch 3:00 Sit & Be Fit Ch 900 7:00 Trivia Night on Ch 900	9 10:00 Sit & Be Fit Exercise Ch 900 1:00 Music Therapy StL, Sing a Long with Breanna Ch 900 7:00 Saturday Night Movie Ch 900
10 <u>MOTHER'S DAY</u> 1:00 Armchair Travels Ch 900 6:30 Evening Worship CH 900 Services from local churches.	11 10:00 Morning Exercise Ch 900 12:00 Lunch 2:30-4:30 OSF BP Check & Clinic Hours 3:00 Sit & Be Fit CH 900 7:00 Monday Night Movie Ch 900	12 Morning Exercise Ch 900 12:00 Lunch 1:00 Music Therapy Sing a Long with Breanna Ch 900 7:00 Musical Tuesday 900	13 9:00 Bible Study on the Fly Ch 900 10:00 Morning Exercise Ch 900 12:00 Lunch 1:00-3:00 HALLWAY BINGO! 3:00 Sit & Be Fit Ch 900 7:00 Wednesday Movie Ch 900	14 10:00 Morning Exercise Ch 900 11:00 ASK ANITA Ch 900 12:00 Lunch 7:00 Harry's Choice-Movie Night Ch 900	15 10:00 Morning Exercise Ch 900 10:00-12:00 OSF BP Check & Clinic Hrs 12:00 Lunch 3:00 Sit & Be Fit Ch 900 7:00 Trivia Night on Ch 900	16 10:00 Sit & Be Fit Exercise Ch 900 1:00 Music Therapy StL, Sing a Long with Breanna Ch 900 7:00 Saturday Night Movie Ch 900
17 1:00 Armchair Travels Ch 900 6:30 Evening Worship CH 900 Services from local churches.	18 10:00 Morning Exercise Ch 900 12:00 Lunch 2:30-4:30 OSF BP Check & Clinic Hours 3:00 Sit & Be Fit CH 900 7:00 Monday Night Movie Ch 900	19 Morning Exercise Ch 900 12:00 Lunch 1:00 Music Therapy Sing a Long with Breanna Ch 900 7:00 Musical Tuesday 900	20 9:00 Bible Study on the Fly 900 10:00 Morning Exercise Ch 900 10:30-12:00 Singin' in the Hallway! MCK 12:00 Lunch 1:00-3:00 Singin' in the Hallway! WP 3:00 Sit & Be Fit Ch 900	21 10:00 Morning Exercise Ch 900 12:00 Lunch 7:00 Harry's Choice-Movie Night Ch 900	22 10:00 Morning Exercise Ch 900 10:00-12:00 OSF BP Check & Clinic Hrs 12:00 Lunch 3:00 Sit & Be Fit Ch 900 7:00 Trivia Night on Ch 900	23 10:00 Sit & Be Fit Exercise Ch 900 1:00 Music Therapy StL, Sing a Long with Breanna Ch 900 7:00 Saturday Night Movie Ch 900
24 1:00 Armchair Travels Ch 900 6:30 Evening Worship CH 900 Services from local churches.	25 <u>MEMORIAL DAY</u> 10:00 Morning Exercise Ch 900 12:00 Lunch 3:00 Sit & Be Fit CH 900 7:00 Monday Night Movie Ch 900	26 Morning Exercise Ch 900 12:00 Lunch 1:00 Music Therapy Sing a Long with Breanna Ch 900 7:00 Musical Tuesday 900	27 9:00 Bible Study on the Fly C 900 10:00 Morning Exercise Ch 900 12:00 Lunch 1:00-3:00 HALLWAY BINGO! 3:00 Sit & Be Fit Ch 900 7:00 Wednesday Movie Ch900	28 10:00 Morning Exercise Ch 900 12:00 Lunch 7:00 Harry's Choice-Movie Night Ch 900	29 10:00 Morning Exercise Ch 900 10:00-12:00 OSF BP Check & Clinic Hrs 12:00 Lunch 3:00 Sit & Be Fit Ch 900 7:00 Trivia Night on Ch 900	30 10:00 Sit & Be Fit Exercise Ch 900 1:00 Music Therapy StL, Sing a Long with Breanna Ch 900 7:00 Saturday Night Movie Ch 900
31 1:00 Armchair Travels Ch 900 6:30 Evening Worship CH 900 Services from local churches.						