

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b> 10:00 Morning Exercise Ch 900 10:00-12:00 OSF BP Check & Clinic Hrs 12:00 Lunch 3:00 Sit & Be Fit Ch 900 <b>7:00 Trivia Night on Ch 900</b>	<b>2</b> 7:00 Saturday Night Movie 900
<b>3</b> 1:00 Armchair Travels Ch 900 6:30 Evening Worship CH 900 Services from local churches.	<b>4</b> 10:00 Morning Exercise Ch 900 12:00 Lunch 2:30-4:30 OSF BP Check & Clinic 3:00 Sit & Be Fit CH 900 7:00 Monday Night Movie Ch 900	<b>5</b> Morning Exercise Ch 900 12:00 Lunch 7:00 Musical Tuesday 900	<b>6</b> 10:00 Morning Exercise Ch 900 10:30-12:00 Singin' in the Hallway! MCK 12:00 Lunch 1:00-3:00 Singin' in the Hallway! WP 3:00 Sit & Be Fit Ch 900 7:00 Wednesday Movie Ch 900	<b>7</b> 10:00 Morning Exercise Ch 900 12:00 Lunch 7:00 Harry's Choice-Movie Night Ch 900	<b>8</b> 10:00 Morning Exercise Ch 900 10:00-12:00 OSF BP Check & Clinic Hrs 12:00 Lunch 3:00 Sit & Be Fit Ch 900 <b>7:00 Trivia Night on Ch 900</b>	<b>9</b> 10:00 Sit & Be Fit Exercise Ch 900 1:00 Music Therapy StL, Sing a Long with Breanna Ch 900 7:00 Saturday Night Movie Ch 900
<b>10</b> <b><u>MOTHER'S DAY</u></b> 1:00 Armchair Travels Ch 900 6:30 Evening Worship CH 900 Services from local churches.	<b>11</b> 10:00 Morning Exercise Ch 900 12:00 Lunch 2:30-4:30 OSF BP Check & Clinic Hours 3:00 Sit & Be Fit CH 900 7:00 Monday Night Movie Ch 900	<b>12</b> Morning Exercise Ch 900 12:00 Lunch 1:00 Music Therapy Sing a Long with Breanna Ch 900 7:00 Musical Tuesday 900	<b>13</b> <b>9:00 Bible Study on the Fly Ch 900</b> 10:00 Morning Exercise Ch 900 12:00 Lunch 1:00-3:00 HALLWAY BINGO! 3:00 Sit & Be Fit Ch 900 7:00 Wednesday Movie Ch 900	<b>14</b> 10:00 Morning Exercise Ch 900 11:00 ASK ANITA Ch 900 12:00 Lunch 7:00 Harry's Choice-Movie Night Ch 900	<b>15</b> 10:00 Morning Exercise Ch 900 10:00-12:00 OSF BP Check & Clinic Hrs 12:00 Lunch 3:00 Sit & Be Fit Ch 900 <b>7:00 Trivia Night on Ch 900</b>	<b>16</b> 10:00 Sit & Be Fit Exercise Ch 900 1:00 Music Therapy StL, Sing a Long with Breanna Ch 900 7:00 Saturday Night Movie Ch 900
<b>17</b> 1:00 Armchair Travels Ch 900 6:30 Evening Worship CH 900 Services from local churches.	<b>18</b> 10:00 Morning Exercise Ch 900 12:00 Lunch 2:30-4:30 OSF BP Check & Clinic Hours 3:00 Sit & Be Fit CH 900 7:00 Monday Night Movie Ch 900	<b>19</b> Morning Exercise Ch 900 12:00 Lunch 1:00 Music Therapy Sing a Long with Breanna Ch 900 7:00 Musical Tuesday 900	<b>20</b> <b>9:00 Bible Study on the Fly 900</b> 10:00 Morning Exercise Ch 900 10:30-12:00 Singin' in the Hallway! MCK 12:00 Lunch 1:00-3:00 Singin' in the Hallway! WP 3:00 Sit & Be Fit Ch 900	<b>21</b> 10:00 Morning Exercise Ch 900 12:00 Lunch 7:00 Harry's Choice-Movie Night Ch 900	<b>22</b> 10:00 Morning Exercise Ch 900 10:00-12:00 OSF BP Check & Clinic Hrs 12:00 Lunch 3:00 Sit & Be Fit Ch 900 <b>7:00 Trivia Night on Ch 900</b>	<b>23</b> 10:00 Sit & Be Fit Exercise Ch 900 1:00 Music Therapy StL, Sing a Long with Breanna Ch 900 7:00 Saturday Night Movie Ch 900
<b>24</b> 1:00 Armchair Travels Ch 900 6:30 Evening Worship CH 900 Services from local churches.	<b>25</b> <b><u>MEMORIAL DAY</u></b> 10:00 Morning Exercise Ch 900 12:00 Lunch 3:00 Sit & Be Fit CH 900 7:00 Monday Night Movie Ch 900	<b>26</b> Morning Exercise Ch 900 12:00 Lunch 1:00 Music Therapy Sing a Long with Breanna Ch 900 7:00 Musical Tuesday 900	<b>27</b> <b>9:00 Bible Study on the Fly C 900</b> 10:00 Morning Exercise Ch 900 12:00 Lunch 1:00-3:00 HALLWAY BINGO! 3:00 Sit & Be Fit Ch 900 7:00 Wednesday Movie Ch900	<b>28</b> 10:00 Morning Exercise Ch 900 12:00 Lunch 7:00 Harry's Choice-Movie Night Ch 900	<b>29</b> 10:00 Morning Exercise Ch 900 10:00-12:00 OSF BP Check & Clinic Hrs 12:00 Lunch 3:00 Sit & Be Fit Ch 900 <b>7:00 Trivia Night on Ch 900</b>	<b>30</b> 10:00 Sit & Be Fit Exercise Ch 900 1:00 Music Therapy StL, Sing a Long with Breanna Ch 900 7:00 Saturday Night Movie Ch 900
<b>31</b> 1:00 Armchair Travels Ch 900 6:30 Evening Worship CH 900 Services from local churches.						