



"PEACE OF MIND", A Healthy Living Lecture presented by OSF Rehabilitation

Wednesday, January 9, 2019

Learn the effects of stress on our health and how to manage it in a healthy manner.

United Methodist Village Chapel





Walker and Cane Safety Check

Tuesday, January 22, 2019 from 1:00 to 3:00 pm

Join OSF Rehab in the United Methodist Village Riverbend room for a safety check of your walker or cane. We will check the device to ensure that it is measured correctly for you and is in good condition.

Offered by OSF Rehabilitation Services



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HEALTHCARE