



# Feeling Blue: Is it Clinical Depression?

Speaker: Kren Harmon, LCSW

**Wednesday, October 10 | 11 – 11:45 a.m.**

United Methodist Village  
5201 Asbury Ave, Godfrey, Illinois

In honor of National Depression Screening day, this presentation will overview the contributing factors and warning signs of Clinical Depression in Seniors and provide helpful prevention strategies, coping skills and effective treatments. A self-screening tool will also be available to those interested to take at home.

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